

Covid Acknowledgement and Release

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19:

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, provincial, and local governments health agencies recommended guidelines. Markham JKA have put in place a Safety Plan (below) to reduce the spread of COVID-19; however, Markham JKA cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending Markham JKA classes could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and Voluntarily assume the risk that you or your child may be exposed to or infected by COVID-19 by attending Markham JKA and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Markham JKA may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Markham JKA employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my myself including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance at Markham JKA. On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless Markham JKA employees, directors, agents, and representatives, of and from the claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Markham JKA program.

_____ **(student name) is vaccinated and will comply with the rules and responsibilities of Markham JKA participants defined below.**

Signed by member or parent

date (dd/mm/yy)

Covid Avoidance Safety Plan

Markham JKA karate school will meet the following requirements:

- Room capacity will not exceed the one person per 4 sq. m defined by the OKF “return to sport” plan as defined in the OKF “[summary of measures in step 3 of the roadmap to reopen \(MHSTCI\)](#)”
- All participants must be double vaccinated who are 12 or older
- Provide contact tracing and a log of all participants for each class including contact information
- Actively screen participants and log their results for each class
- All participants must use the hand sanitizer on entry and exit from a class
- Mask are optional while in the dojo but are mandatory when entering or exiting the dojo
- No restriction on contact (ie. physical distance) for karate consistent with (MHSTCI) Tyler Currie’s statement that “You may reopen with no modifications to your sport”.

Implementation of rules and responsibilities of Markham JKA participants:

- Sign Markham JKA Covid waiver, includes the double vaccination requirement for age 12 & older
- Wear a mask both coming to and leaving class. Optional during class.
- Initial the sign in sheet on dojo entry to log attendance and log Covid status as per the covid questionnaire (below).
- Sanitize hands on entry and exit from the dojo
- Inform your Sensei immediately of any change in your covid status so exposed participants can be notified.
- Only Markham JKA members are allowed in the dojo. Parents and other observers may not enter but observe from outdoors through the window.
- Members may only attend their designated class
- Members must wait outside the dojo for a previous class to end and for all members of the previous class to exit before entering the dojo.

COVID Status Questionnaire

- Initialling the sign-in sheet for each class indicates that:
 - You do not have one of the following symptoms
 - Fever or chills
 - Cough
 - Shortness of breath
 - Decrease or loss of smell or taste
 - Unusual fatigue or lethargy
 - Nausea, vomiting or diarrhea
 - You have not travelled outside of Canada in the last 14 days and advised to quarantine
 - Doctor, health care provider, or public health unit has not told you that you should currently be isolating (staying at home)
 - In the last 10 days, you have not been identified as in “close contact” of someone who currently has COVID-19