



Brad Jones Karate Junior Shiai

Modified JKA Rules Format

White to Purple Belts: Ages up to and including 13 years

Brown and Black Belts: Ages up to and including 16 years

This year we are including Mixed Team Kata for 14-16 Brown/Black belts

Sunday, April 2nd, 2023.

Registration Deadline: March 11th, 2023.

Magna Youth Gym, 800 Mulock Drive, Newmarket, Ont. L3Y 9C1, 905-953-5300



Tentative List of Events:

Please note there will ONLY be Team Kata Events for Mixed Teams, Girls and Boys, 14-16 Brown/Black Belts at this particular Shiai. It will be Double Elimination.

INDIVIDUAL BEGINNERS: White, Yellow Stripe, Yellow

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|---|---------------------------|---|--|
| 1 | Up to 7 Girls & Boys Kata | 2 | Up to 7 Girls & Boys Sanbon Kumite (Jodan, Chudan) |
| 3 | 8-9 Girls & Boys Kata | 4 | 8-9 Girls & Boys Sanbon Kumite (Jodan, Chudan) |
| 5 | 10-11 Girls & Boys Kata | 6 | 10-11 Girls & Boys Sanbon Kumite (Jodan, Chudan) |
| 7 | 12-13 Girls & Boys Kata | 8 | 12-13 Sanbon Kumite (Jodan, Chudan) |

NOVICE: Orange and Green

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|----|---------------------------|----|--|
| 9 | Up to 7 Girls & Boys Kata | 10 | Up to 7 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 11 | 8-9 Girls & Boys Kata | 12 | 8-9 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 13 | 10-11 Girls & Boys Kata | 14 | 10-11 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 15 | 12-13 Girls & Boys Kata | 16 | 12-13 Girls and Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |

INTERMEDIATE: Blue and Purple

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|----|---|----|--|
| 17 | Up to 7 Girls & Boys Kata | 18 | Up to 7 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 19 | 8-9 Girls & Boys Kata | 20 | 8-9 Girls & Boys Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) |
| 21 | 10-11 Girls Kata | 22 | 10-11 Boys Kata |
| 23 | 10-11 Girls Jiyu Ippon Kumite (Semi Free Sparring) | 24 | 10-11 Boys Jiyu Ippon Kumite (Semi Free Sparring) |

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|----|---|----|--|
| 25 | 12-13 Girls Kata | 26 | 12-13 Boys Kata |
| 27 | 12-13 Girls Jiyu Ippon Kumite (Semi Free Sparring) | 28 | 12-13 Boys Jiyu Ippon Kumite (Semi Free Sparring) |

ADVANCED: Brown and Black Belt: 9 to 13

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|----|---|----|--|
| 29 | 9 and Under Girls Kata | 30 | 9 and Under Boys Kata |
| 31 | 9 and Under Girls Jiyu Ippon Kumite (Semi Free Sparring) | 32 | 9 and Under Boys Jiyu Ippon Kumite (Semi Free Sparring) |
| 33 | 10-11 Girls Kata | 34 | 10-11 Boys Kata |
| 35 | 10-11 Girls Jiyu Kumite (Free Sparring) | 36 | 10-11 Boys Jiyu Kumite (Free Sparring) |
| 37 | 12-13 Girls Kata | 38 | 12-13 Boys Kata |
| 39 | 12-13 Girls Jiyu Kumite (Free Sparring) | 40 | 12-13 Boys Jiyu Kumite (Free Sparring) |

TEAM KATA- ADVANCED: 14-16 years Brown and Black

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|----|--|
| 41 | Mixed Team Kata age 14-16 (H Shodan, Nidan, Sandan, Godan Tekki Shodan, Bassai Dai, Enpi, Jion, Kanku Dai) |
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NOTE: Team kata is chosen by the team, not the referee. Double Elimination, Aka and Shiro may perform different katas in a match. Teams may repeat their kata from match to match.

ADVANCED: Brown and Black Belt: 14-16

| | | | |
|----|--|----|---|
| 42 | 14-16 Girls Kata | 43 | 14-16 Boys Kata |
| 44 | 14-16 Girls Jiyu Kumite (Free Sparring) | 45 | 14-16 Boys Jiyu Kumite (Free Sparring) |

NOTE: All three rings will be running continuously, all events will be full double elimination with flags right to the medal placements of 1st, 2nd, 3rd, and 4th place. No points for the final four in kata.

General Information

The Brad Jones JKA Junior Shiai is open to Karateka of all ages up to and including 16.

Lunch will be provided for Volunteers

Date and Time.

Sunday April 2nd, 2023, starting at 10:00am

Tournament Location

Magna Youth Gym, 800 Mulock Drive, Newmarket, Ont. L3Y 9C1, 905-953-5300

Tournament Host

Brad Jones Karate, 244 Main Street South, Newmarket, Ont. Tel: 905-895-9636

Tournament Registration Deadline Dojo tournament registration including summary sheets, fees and signed individual waiver forms must be submitted to Brad Jones Karate by **March 11th, 2023**, to 244 Main Street South, Newmarket, Ont. L3Y 3Z5 or you may email your forms **and payment** to George Usher at gu-dextran@rogers.com . Please make cheques payable to “**The Social Committee**”. Arrangements for in-person cash payments must be made in advance and in no case later than the start of the tournament. **THE ATTACHED ENTRY FORMS MUST BE SUBMITTED BY SCAN OR MAIL. SELF PREPARED WORD OR EXCELL EMAILED LISTS ARE VERY DIFFICULT TO CONVERT.**

Tournament Rules

Event Consolidation for Competitors

The tournament committee reserves the right to consolidate age and/or rank divisions in any tournament event as it deems necessary. Unless otherwise listed, Males and Females competing in individual events will be separated in all rank divisions except as follows:

Individual Kata/Kumite where there is only a single competitor, Males and Females will be combined for all ranks in kata, and for all ranks below Brown Belt in kumite: Males and Females will not be combined for kumite in the Brown and Black Belt divisions. Competitors may be moved up or down in age group depending on the number of competitors in the age division.

Team Kata:

Each team must consist of 3 contestants, any combination of Males or Females aged 14 to 16, Brown or Black Belt.

Three Competitors Rule for Kumite events;

In the case where there are only three competitors in an event, there will be no automatic bye. The loser of the first match will compete against the next competitor. If the loser of the first match wins the second match, that competitor will automatically finish second, and the winner of the first match will automatically finish first. If the loser of the first match loses the second match, that competitor will finish third, and the winner of the second match will compete with the winner of first match for first and second place.

Individual Kata

BEGINNERS: White, Yellow Stripe, and Yellow Belts

FLAG SYSTEM: One kata by random draw from: Taikyoku Shodan, Heian Shodan, or Nidan

At the discretion of the head judge, the competitors may default to a kata known to both.

NOVICE: Orange and Green Belts

FLAG SYSTEM: One kata by random draw from: Heian Shodan, Nidan, Sandan, or Yondan.

At the discretion of the head judge, the competitors may default to a kata known to both.

INTERMEDIATE: Blue and Purple Belts

FLAG SYSTEM: One kata by random draw from: Heian Shodan, Nidan, Sandan, Yondan, Godan, or Tekki Shodan.

At the discretion of the head judge, the competitors may default to a kata known to both.

ADVANCED: Brown and Black Belt

FLAG SYSTEM: One kata by random draw from: Heian Shodan, Nidan, Sandan, Yondan, Godan, Tekki Shodan, Basai Dai, Enpi, Jion, or Kanku Dai.

Tiebreak rule for Individual Kata Matches, Flag System: The Head Judge will randomly choose another different kata to be performed by the 2 competitors.

Individual Kumite

NOTE: For safety reasons, competitors will not be allowed to wear regular eye glasses. Safety glasses and soft contact lenses are allowed.

BEGINNER: White, Yellow Stripe, Yellow Belt.

Kihon Sanbon Kumite (Basic Three Step Sparring):

3 Jodan (Face), then 3 Chudan (Stomach): Start with Right foot back

In case of a tie, start with Left foot back In case of a second tie, decision by flags

NOVICE: Orange and Green Belt

Kihon Ippon Kumite (Basic One Step Sparring):

Jodan (Face), Chudan (Stomach), Mae-geri (Front kick): Start with Right foot back

In case of a tie, start with Left foot back In case of a second tie, decision by flags

INTERMEDIATE: Blue and Purple Belt

Up to 7 and 8-9: Kihon Ippon Kumite (One Step Sparring) Jodan, Chudan, Mae Geri

In case of a tie, start with Left foot back

In case of a second tie, decision by flags

Age 10-11 and 12-13: Jiyu Ippon Kumite (Semi Free Sparring) Jodan, Chudan, Mae Geri.

In case of a tie, repeat In case of a second tie, decision by flags

ADVANCED: Brown and Black Belt

Age Up to 9: Jiyu Ippon Kumite (Semi Free Sparring) Jodan, Chudan, Mae Geri.

Age 10-11 and 12-13: Jiyu Kumite (Free Sparring, One point match) 2 minutes running time match. When necessary, the referee may indicate a time stoppage.

White Gloves and Mouth Guard are required.

Tiebreak Rule for Jiyu Kumite

If there is a draw, another match will be held. This re-match is called Sai-Shiai. If this re-match ends up in a draw, a second re-match called Sai-Sai Shiai will be held as a “sudden death” match meaning that the competitor that scores first is declared the winner. In the event there is no score after a second re-match, the judges will determine a winner.

Criteria leading to Disqualification (Hansoku)

1. The following elements are forbidden:
 - a) Excessive contact, going beyond the target, “wild” swinging techniques.
 - b) Performing or intent to perform dangerous throws.
 - c) Grabbing, holding on, or wasting time by not attacking.
 - d) Using provocative language, attitude, gestures, verbal taunting, or not following the orders of a Judge.
 - e) Continuing to attack after stop (Yame) or out of bounds (Jogai) is called.
 - f) Head butt attack or intent to use head butt attack.

- g) Spear hand or Nukite attack to the eyes.
- h) Purposely attacking the groin area or the joints.

Guidelines for Kihon-Ippon Kumite

Attacking Techniques

1. Punch to the face or Jodan Oi-Zuki: aiming for either just below the nose, or lower part of the chin.
2. Punch to the stomach or Chudan Oi-Zuki: aiming for the solar plexus.
3. Front kick to the stomach or Chudan Mae-Geri: using the back leg, aiming for the solar plexus.

NOTE: The above techniques are done with the right hand and the right foot. If there is a draw, the above techniques are repeated but with the left hand and the left foot.

4. There must be appropriate distance to attack. The attacking competitor steps the leg back and forms a downward block or Gedan-Barai. Each attack must be clearly announced before execution.

NOTE: For the execution of the front kick or Mae-Geri, both arms are extended to the side of the body.

5. After the completion of an attack and defense sequence, both competitors simultaneously return to the natural position or Shizentai. The attacking competitor takes a step back to return to the natural position while the defending competitors takes a step forward to do the same.

Defensive Techniques

1. Any kind of blocking techniques and body shifting can be used.
2. Any kind of counterattack to the target areas can be used but only a single counterattack is allowed.

Additional points.

1. An attack or defense technique can only be used once.
2. There is to be one sudden vocal release of energy or Kiai per attack and per counterattack.

Prohibited Elements (Attack) for Kihon Ippon Kumite

1. Faking a movement in order to have the opponent move, and then attacking that opponent.
2. Lunging the body towards the opponent or taking more than one basic step forward to attack.
3. From the natural position or Shizentai, the attack must follow a straight line forward and not follow the opponent who may have moved prior to completion of the attack. The foot of the attacking competitor that has stepped forward should end up positioned between the opponents' legs. Fundamental basic technique must be applied during the execution.

4. Face level and stomach level attacks that are executed with forceful motions such as pressing the arm downward while the opponent is executing a blocking technique.
5. Withdrawing the hand that is executing an attack too quickly

Prohibited Elements (Defense)

1. Contact or hitting the attacking competitor other than the blocking technique that should be executed.
2. Any combination technique: sweeping the attacking competitor, any throwing techniques or holds involving the joints.
3. During the execution of a blocking technique to the stomach, to block at the other competitor's elbow. Proper blocking is done at the wrist of the attacking competitor.
4. During the execution of a blocking technique to the face, any forceful motions that may cause a loss of balance of the attacking competitor.
5. During execution of a blocking technique to the stomach, use of any forceful downward motions.
6. Withdrawing the hand that is executing a counterattack too quickly.

Guidelines for Jiyu-Ippon Kumite

Attacking Techniques.

1. Punch to the face or Jodan Oi-Zuki: aiming for either just below the nose, or lower part of the chin.
2. Punch to the stomach or Chudan Oi-Zuki: aiming for the solar plexus.
3. Front kick to the stomach or Chudan Mae-Geri: using the back leg, aiming for the solar plexus.

Note: The above techniques are done with the right hand and the right foot. If there is a draw, the above techniques are repeated but with the left hand and the left foot.

4. There must be appropriate distance to attack. Each attack must be clearly announced before execution.

Defensive Techniques

1. Any kind of blocking techniques and body shifting can be used.
2. Any kind of counterattack to the target areas can be used but only a single counterattack is allowed.

Additional points.

1. An attack or defensive technique can only be used once.
2. There is to be one sudden vocal release of energy or Kiai per attack and per counterattack.
3. When there is proper distance or Maai to attack, the competitor must initiate that attack. It has been seen that proper distance or Maai has been reached and no attack is initiated. This must not be done.

4. The defending competitor must not back away creating a longer distance from the attacking competitor.
5. Faking a movement or Kensei is not allowed.

Prohibited Elements (Attack)

1. Distance is too short, and lunging the body towards the opponent.
2. Withdrawing the hand too quickly that is executing an attack.
3. Contact or hitting the opponent.
4. Blocking or shifting the body during the counterattack.
5. Grabbing or holding the opponent.

Prohibited Elements (Defense)

1. Stepping out of the ring three times. A caution or Keikoku is given for the first time, a warning or Chui is given for the second time and a disqualification or Hansoku is give for the third time.
2. Blocking and counter attacking at the same time.

Individual Registration Form: Brad Jones Shiai

Name: _____ Male: _____ Female: _____

Dojo: _____ Rank (Colour): _____ Belt

Age: _____

Event Fees: (Please check appropriate boxes)

Individual Kata:

Individual Kumite:

Team Kata:

Registration Fee: \$30.00 one or more events

Cheque Payable to: "The Social Committee" or e-transfer to gu-dextran@rogers.com

Individual Registration Form: Brad Jones Shiai

Name: _____ Male: _____ Female: _____

Dojo: _____ Rank (Colour): _____ Belt

Age: _____

Event Fees: (Please check appropriate boxes)

Individual Kata:

Individual Kumite:

Team Kata:

Registration Fee: \$30.00 one or more events

Cheque Payable to: "The Social Committee" or e-transfer to gu-dextran@rogers.com

Waiver/Release Agreement.

The undersigned is aware that there are risks and dangers inherent in participating at the Brad Jones Shiai. In consideration of being permitted to participate in the Brad Jones Shiai, I hereby release and waive any claims against Brad Jones, any and all clubs, schools, instructors, members, judges, officials, officers, directors and representatives relating thereto (collectively the "Releases") for any injury or damage which I may suffer while participating at the Brad Jones Shiai including travel to and from the Brad Jones Shiai.

I understand and agree that this Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions, those causes of action that I may have or have had, whether past, present or future, whether now known or unknown and whether anticipated or unanticipated by me, arising out of my participation at the Brad Jones Shiai. This Release shall be binding upon me, my heirs, successors, administrators, assigns and legal representatives.

I assume full responsibility for any and all risk of death or personal injury, or property damage, which I may suffer while participating at the Brad Jones Shiai. I expressly acknowledge and assume any and all risk that my participation at the Brad Jones Shiai may subject me to personal injury and bodily harm.

I confirm that I have no past or present medical condition, injury or other physical or mental restriction which may cause or contribute to personal injury or property damage while participating at the Brad Jones Shiai and if in case I have such a condition, I agree to forthwith nullify the releases, as the case may be, and withdraw from the Brad Jones Shiai.

I further agree by signing this Release, I shall indemnify and hold any of the Releases harmless from any and all liability or costs, including legal fees, associated with or arising from my participating at the Brad Jones Shiai.

I acknowledge that I have read this Release and that I understand the words and language in it. I sign this Release freely and voluntarily.

Participants printed name: _____

Parent/Guardian Signature: _____

Date: _____