

1st Annual

TNT SCHOOL OF MARTIAL ARTS

Shotokan Karate

JUNIOR SHIAI

Saturday
October 23
10:00am



TNT SCHOOL OF MARTIAL ARTS
JUNIOR SHIAI

OCTOBER 23, 2010. 10:00AM

AGES 5-13 \$20

DIVISIONS:

White/Yellow stripe/Yellow
Orange/Green
Blue/Purple/Brown

AGES:

5-7
8-9
10-11
12-13

EVENTS:

Team Kata
Individual Kata
Individual Kumite

TNT SHIAI

169 Dufferin Street, Unit 1. Alliston, Ontario. L9R 1E6
(705-434-1168)

Tournament Application Form

Please Print

Name: _____

Dojo: _____

Event: Kata Kumite Team

(Please complete additional team kata application form)

AGE:

SEX: Male Female

7&under

8-9

10-11

12-13

BELT: White YS

Yellow Orange

Green Blue

Purple Brown

*stripes should be placed into the next lower division (- i.e., orange stripe=yellow)

My signature on the above application constitutes that in consideration of your acceptance of my entry, I hereby for myself, heirs, executors and assigns do hereby remise, release and forever discharge the organizers, any person participating in or connected with this competition from all manner of actions, claims or demands which I ever had, now have, shall or may hereafter have, for or by reason of, entering this competition, or for any loss, damage or injury sustained by the contestant.

Parent Signature: _____ Date: _____

Tournament Registration \$20.00 One or more events.

Please make cash payment and deliver with your entry forms to:

TNT School of Martial Arts
169 Dufferin Street, unit 1
Alliston, Ontario
L9R 1E6

Applications must be received no later than SATURDAY OCTOBER 2, 2010.

TEAM KATA Application Form

TNT SHIAI

169 Dufferin Street, Unit 1. Alliston, Ontario. L9R 1E6
tntmartialarts.ca 705-434-1168

Please Print

Team Member 1

Name: _____

Team Member 2

Name: _____

Team Member 3

Name: _____

Age Category:

10 and under

11 to 13

Rank:

Novice

(white to orange)

Intermediate

(green to brown)

Tournament Details

Tournament focus: to have fun! To foster positive sportsmanship and to give the participants an opportunity to experience a tournament that will better prepare them for provincial tournaments.

RULES

- Modified WKF rules:
- Kata: participants will perform 1 kata of their choice - preferably of their belt level
- Kata is scored through a point system
- Kumite Participants must have protective gear - mouth guard, knuckle pads and groin protection. Head gear, shin guards and chest guards are optional.
- Kumite Point system:
 - no contact to head
 - light contact to the body
 - all attacks must be above the belt
 - chudan or jodan punches - one point (ippon)
 - chudan kick - two points (nihon)
 - jodan kick - three points (sanbon)
 - maximum 6 points
 - 1 minute, 30 second match time, continuous.

OTHER DETAILS

- Black belt volunteer officials meeting @ 9:30am
- Opening ceremony (bow in) begins @ 10am
- BBQ will be available
- Team kata events will be scheduled first

Contact Information

Sensei Josh Carrick or Sempai Jen Carrick

TNT School of Martial Arts

169 Dufferin Street South, unit 1

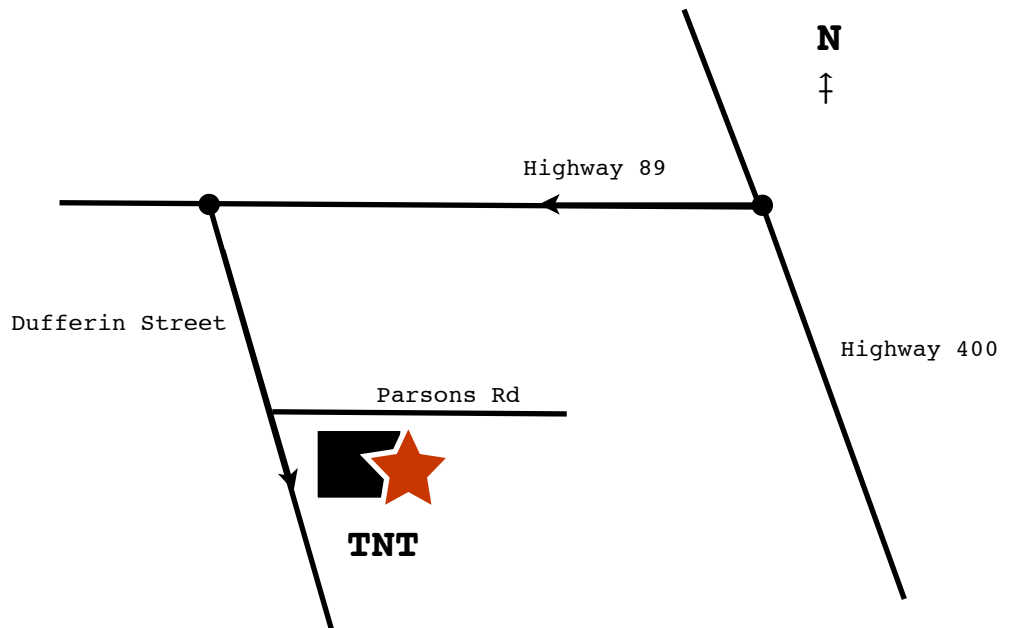
Alliston, Ontario

L9R 1E6

www.tntmartialarts.ca

705-434-1168

email: carrick@rogers.com



MapQuest business address or use business name (tnt school of martial arts) to locate on GoogleMaps.