



We are inviting you to help raise money for the YMCA Strong Kids Campaign to help battle childhood obesity! With 93% of kids not getting enough physical activity you can make a difference. Register now and channel your inner superhero. Help us raise \$24, 000 at the Markham YMCA in support of the Strong Kids Campaign.

What: Karate - Circle of Budo plus demonstrations

When: Thursday February 23, 2012 (date change due to family day)
7 – 9pm (Youth/Adults)

6 – 7:30p, (Age 12 and under)

Where: Markham YMCA Rudy Bratty Center
Gym

Who: Karate members

Signing up is as easy as 1,2,3...

1. **Sign Up For Karate Circle of Budo** (mandatory for all karate students)
 - A. At the Membership Desk
 - B. Online at www.ymcamegathon.org
 - C. Drop Box at the Membership Desk (fill out the registration form and drop it in the box)
2. **Collect Pledges** \$35 minimum (you can collect pledges using your collection pledge envelope)
 - A. Ask your friends and family to support you
 - B. Raise online pledges at www.ymcamegathon.org
3. **Come to Karate Circle of Budo on February 23,2012, and TAKE THE CHALLENGE!**