

## CJKF Kyu Examination Requirements

<b>Kyu</b>	<b>Kihon</b>	<b>Kata</b>	<b>Kumite</b>
8 <sup>th</sup>	<i>In Zenkutsu-Dachi</i> Chudan Oi-Zuki (F) Jodan Age-Uke (F) Chudan Soto-Uke (F) Mae-Geri (F) <i>In Kokutsu-Dachi</i> Shuto-Uke (F)	Heian Shodan	<i>Gohon Kumite</i> Jodan Oi-Zuki Chudan Oi-Zuki
7 <sup>th</sup>	<i>In Zenkutsu-Dachi</i> Chudan Oi-Zuki (F) Jodan Age-Uke (B) Chudan Soto-Uke (F) Chudan Uchi-Uke (B) Mae-Geri (F) <i>In Kokutsu-Dachi</i> Shuto-Uke (F) <i>In Kiba-Dachi</i> Yoko-Geri-Keage (BS)	Heian Nidan	<i>Gohon Kumite</i> Jodan Oi-Zuki Chudan Oi-Zuki
6 <sup>th</sup>	<i>In Zenkutsu-Dachi</i> Chudan Oi-Zuki (F) Jodan Age-Uke, Gyaku-Zuki (B) Chudan Soto-Uke, Gyaku-Zuki (F) Chudan Uchi-Uke (B) Mae-Geri (F) <i>In Kokutsu-Dachi</i> Shuto-Uke (F) <i>In Kiba-Dachi</i> Yoko-Geri-Keage (BS) Yoko-Geri-Kekomi (BS)	Heian Sandan	<i>Kihon-Ippon Kumite</i> Jodan Oi-Zuki (BS) Chudan Oi-Zuki (BS)
5 <sup>th</sup>	<i>In Zenkutsu-Dachi</i> Chudan Oi-Zuki (F) Jodan Age-Uke, Gyaku-Zuki (B) Chudan Soto-Uke, Gyaku-Zuki (F) Chudan Uchi-Uke, Gyaku-Zuki (B) Mae-Geri (F) Mawashi-Geri (F) <i>In Kokutsu-Dachi</i> Shuto-Uke (F) <i>In Kiba-Dachi</i> Yoko-Geri-Keage (BS) Yoko-Geri-Kekomi (BS)	Heian Yondan	<i>Kihon-Ippon Kumite</i> Jodan Oi-Zuki (BS) Chudan Oi-Zuki (BS) Mae-Geri (BS)

<b>Kyu</b>	<b>Kihon</b>	<b>Kata</b>	<b>Kumite</b>
4 <sup>th</sup>	<p><i>In Zenkutsu-Dachi</i>  Chudan Oi-Zuki (F)  Jodan Age-Uke, Gyaku-Zuki (B)  Chudan Soto-Uke, Gyaku-Zuki (F)  Chudan Uchi-Uke, Gyaku-Zuki (B)  Mae-Geri (F)  Mawashi-Geri (F)</p> <p><i>In Kokutsu-Dachi</i>  Shuto-Uke, Tate-Nukite in  Zenkutsu-Dachi (F)</p> <p><i>In Kiba-Dachi</i>  Yoko-Geri-Keage (BS)  Yoko-Geri-Kekomi (BS)</p>	Heian Godan	<p><i>Kihon-Ippon Kumite</i>  Jodan Oi-Zuki (BS)  Chudan Oi-Zuki (BS)  Mae-Geri (BS)</p>
3 <sup>rd</sup>	<p><i>In Zenkutsu-Dachi</i>  Chudan Oi-Zuki (F)  Sanbon-Zuki (F)  Jodan Age-Uke, Gyaku-Zuki (B)  Chudan Soto-Uke, Yoko-Empi in  Kiba-Dachi (F)  Chudan Uchi-Uke, Gyaku-Zuki (B)  Mae-Geri (F)  Mawashi-Geri (F)</p> <p><i>In Kokutsu-Dachi</i>  Shuto-Uke, Tate-Nukite in  Zenkutsu-Dachi (F)</p> <p><i>In Kiba-Dachi</i>  Yoko-Geri-Keage (BS)  Yoko-Geri-Kekomi (BS)</p>	Tekki Shodan	<p><i>Kihon-Ippon Kumite</i>  Jodan Oi-Zuki (BS)  Chudan Oi-Zuki (BS)  Mae-Geri (BS)  Yoko-Geri-Kekomi (BS)</p>
2 <sup>nd</sup>	<p><i>In Zenkutsu-Dachi</i>  Chudan Oi-Zuki (F)  Sanbon-Zuki (F)  Jodan Age-Uke, Gyaku-Zuki (B)  Chudan Soto-Uke, Yoko-Empi in  Kiba-Dachi (F)  Chudan Uchi-Uke, Gyaku-Zuki (B)  Mae-Geri (F)  Mawashi-Geri (F)</p> <p><i>In Kokutsu-Dachi</i>  Shuto-Uke, Tate-Nukite in  Zenkutsu-Dachi (F)</p> <p><i>In Kiba-Dachi</i>  Yoko-Geri-Keage (BS)  Yoko-Geri-Kekomi (BS)</p>	<p><i>Sentei Kata</i>  (Bassai Dai,  Kanku Dai,  Empi,  Jion)</p>	<p><i>Jiyu-Ippon Kumite</i>  Jodan Oi-Zuki (BS)  Chudan Oi-Zuki (BS)  Mae-Geri (BS)  Yoko-Geri-Kekomi (BS)</p>

<b>Kyu</b>	<b>Kihon</b>	<b>Kata</b>	<b>Kumite</b>
1 <sup>st</sup>	<i>In Zenkutsu-Dachi</i> Chudan Oi-Zuki (F) Sanbon-Zuki (F) Jodan Age-Uke, Gyaku-Zuki (B) Chudan Soto-Uke, Yoko-Empi and Yoko-Uraken-Uchi in Kiba-Dachi (F) Chudan Uchi-Uke, Gyaku-Zuki (B) Mae-Geri (F) Chudan/Jodan Ren-Geri (F) Mawashi-Geri (F) Yoko-Geri-Kekomi (F) <i>In Kokutsu-Dachi</i> Shuto-Uke, Tate-Nukite in Zenkutsu-Dachi (F) <i>In Kiba-Dachi</i> Yoko-Geri-Keage (BS)	<i>Sentei Kata</i> (Bassai Dai, Kanku Dai, Empi, Jion)	<i>Jiyu-Ippon Kumite</i> Jodan Oi-Zuki Chudan Oi-Zuki Mae-Geri Yoko-Geri-Kekomi Mawashi-Geri

## CJKF Dan Examination Requirements

<b>Dan</b>	<b>Kihon</b>	<b>Kata</b>	<b>Kumite</b>
Shodan	<i>In Zenkutsu-Dachi</i> Sanbon-Zuki (F) Jodan Age-Uke, Gyaku-Zuki (B) Chudan Soto-Uke, Yoko-Empi and Yoko-Uraken-Uchi in Kiba-Dachi (F) Chudan Uchi-Uke, Kizami-Zuki and Gyaku-Zuki (B) Mae-Geri (F) Chudan/Jodan Ren-Geri (F) Mawashi-Geri (F) Yoko-Geri-Kekomi (F) <i>In Kokutsu-Dachi</i> Shuto-Uke, Tate-Nukite in Zenkutsu-Dachi (F) <i>In Kiba-Dachi</i> Yoko-Geri-Keage switch leg Yoko-Geri-Kekomi (BS)	<i>Sentei Kata</i> (Bassai Dai, Kanku Dai, Empi, Jion)	<i>Jiyu Kumite</i>
Nidan	<i>In Zenkutsu-Dachi</i> Kizami-Zuki, Sanbon-Zuki (F) Jodan Age-Uke (B), Mawashi-Geri, Uraken step forward Oi-Zuki (F) Mae-Geri, Oi-Zuki (F) Mawashi-Geri, Gyaku-Zuki (F) Yoko-Geri-Kekomi, Gyaku-Zuki (F) Mae-Geri, Yoko-Geri-Kekomi, Ushiro-Geri-Kekomi same leg (BS) <i>In Kiba-Dachi</i> Yoko-Geri-Keage switch leg Yoko-Geri-Kekomi (BS)	<i>Tokui Kata</i>	<i>Jiyu Kumite</i>

F – Forward, B – Backward, BS – Both Sides